







Picture provided by: Resident: Linda Thompson

District Registration: Tuesday, March 1, 2022 Non-District Registration: Friday, March 4, 2022

# **Activity Guide Sponsor**



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# **Activity Guide Sponsor**



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Enjoy this special offer from your neighborhood Dairy Queen, proud sponsor of the Reunion Recreation Center! #HappyTastesGood



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# **Adult Programs**

#### SassiFit Dance Fitness -Poms Class

Location: Reunion Rec Center Day / Time:

Monday, 7:00 - 8:00 pm

SassiFit Dance Fitness presents... SassiPoms dance fitness for EVERYONE! Whether you are a former dancer, a lifelong dancer, never danced a day in your life, or are known for your two left feet, our sassy brand of dance fitness will leave you feeling strong and sassy! Modifications and challenge options make the choreography customizable for all ability and fitness levels- and our pink lighting well get you out of your head and let you feel great in your skin... Right now!

30 minutes of cardio dance using pom-poms and our signature sassy and easy to follow choreography .

Five "Denver Nuggets Dancers" type routines, in (flattering) pink

lighting, to your favorite songs! Followed by 25 minutes of booty building, toning and strengthening exercises. Poms provided (and included in all of our memberships, including our Two Week Trial).

Click <u>HERE</u> to register for class!

#### INTRODUCTION TO BREATHWORK

Starting Tuesday, April 12th, 2022 and every other week on Tuesdays.

Where: Reunion Rec Center –
Conference Room
Time: 6:00 pm to 7:00 pm
Cost: District: \$22 Non-District: \$24

Come explore the possibilities of breathwork/meditation with Lewis. In this class, He'll introduce you to conscious connected breathing (open mouth breathing) and the benefits it offers.

We'll then have a session together, as a class to experience approximately 30 minutes of breathwork set to music. You'll walk away with a complete experience of breathwork and how it effects the sympathetic and parasympathetic (fight or flight, or rest and digest) nervous system. Learn how to remain calm in a World full of Chaos, using your breath.

Click <u>HERE</u> to register for class!

#### Spring Yoga

Location: Reunion Rec Center Arobics Room

Day / Time: Tuesday, 5:30 - 6:30 pm Thursday, 5:30 - 6:30 pm

Cost: \$15.00 for District residents - \$20.00 for Non-District residents

Max: 10 People

Experience yoga this Spring at the Reunion Rec Center. Each class is designed to help you feel better physically, mentally, emotionally, and spiritually using yoga postures and breathing techniques. We will be learning to take good care of ourselves and to live a more healthy and balanced lifestyle. Can't wait to see you in class.

Click **HERE** to register for each May class!

# Youth Programs

#### Soccer Shots

March - May, 2022

Class:

Sundays 11:30 am till 12:10 pm Sundays 12:30 pm till 1:30 pm

Price: \$245.05 plus \$25 annual registraion fee (optional Monthly payments)

Soccer shots is an engaging children's soccer program for ages 2-5 with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication.

Please register online at

https://www.soccershots.org/den/

CO StarzDance Team

Location: Reunion Rec Center Day / Time:

Mini Cheer (ages 3-6) practice Mondays, 4:30-5:00 pm Junior Cheer (ages 7-12) practice Mondays, 5:00-6:00 pm

Mini Dance (ages 3-6) practice Saturdays, 1:00-2:00 pm Junior Dance (ages 7-12) practice Saturdays, 2:00-3:30 pm

CO Starz Dance Team is Commerce City's only nonprofit dance team for kids ages 3-12 and best program for building character and confidence through dance! Students learn technique and choreography in the styles of jazz, ballet, hip hop, lyrical and poms. Spring, summer and fall seasons end with program-wide performances, plus optional special performance opportunities such as our upcoming performance at the March 2nd Denver Nuggets game.

Registration includes practice attire and uniform fee is a one time fee, as uniforms may be traded in once outgrown. Help your child make friends, get active, gain confidence and discover the joy of dance! New students welcomed year

Click **HERE** to register for class!

#### Kids N' Canvas with Gallery On The Go

First Wednesday of every Month April - September 2022

April 6th 6:00 to 8:00 pm May 4th 6:00 to 8:00 pm June 1st 10:00 am to 12:00 pm July 6th 10:00 am to 12:00 pm August 3rd 10:00 am to 12:00 pm Sept. 7th 6:00 to 8:00 pm

Min: 10, Max: 20
Ages: 6 years and older
\$17 District \$19 Non-District per class
Join us for kids and canvas time! We'll paint a fun
themed painting and enjoy some refreshments. Bring
your kids and their friends! Kids love to paint and be
creative. We'll show them easy step by step instructions
for a fun piece of art they can be proud of! All supplies
and refreshments are included.

Click **HERE** to register!

Mommy and Me

Tuesday's 9:00-10:00 am

Starting May 3rd, 2022

Ages: 4 months-3 years (all children must be accompanied by at least one adult)

Min 3/ Max 10 children (not including adults)

Cost: \$8 District / \$10 Non District

Get your babies and toddlers out of the house and come play with us at Mommy and Me with Victoria! Each class will be based on a monthly theme and we'll sing, dance, and wiggle our way through the morning.

Grandparents are welcome to join too!

Click <u>HERE</u> to register!

## Spring Youth Soccer League

Reunion Youth Soccer returns this fall!

March 28- May 21, 2022

Coach's meeting will be on March 21, 2022

Age Group

3-4 year old

5-6 years old

7-9 years old

10-12 years old

\$50 District \$55 Non District

Practices will be on Monday, Tuesday or Wednesday nights at 5:30 pm

GAMES WILL BE HELD ON SATURDAYS with the last game being Saturday, May 21, 2022.

Starting April 16, 2022 Games will begin at 9:00 am

Practices will be held on Monday, Tuesday, or Wednesday nights based on coaches availability.

Anyone interested in volunteering to coach, please contact Matt Darby at:
activitescoordinator@reunionmetro.org or
303-288-5431

If you're interested in coaching, choose the "Head Coach Discount" or "Assistant Coach Discount" at checkout and make note in the comments box with your name. Head Coach's child's registration is FREE; Assistant Coach's child's registration is half price.

Volunteer coaches are priceless! We can't run the leagues without you!

Click **HERE** to register for Session!

## Spring CARA Volleyball

March 14 - May 21, 2022

Monday - Thursday

2nd-12th Grade

Max: 12 per team

Cost: \$85 District \$90 Non-District

2nd-12th Grade: CARA Volleyball participants will be broken up into 2 divisions based on their skills and abilities: Rec and Upper Rec. Ability grouping practices will be held Monday/Wednesday at 5:30-6:30 pm or from 6:30-7:30 pm and Tuesday/Thursday, 5:30-6:30 pm or 6:30 -7:30 pm based on the coaches availability.

A coach will contact you with exact practice days and times after the ability grouping practices. Team placement will be the week March 14, 2022. Each team will practice twice a week. Each team will be required to attend two tournaments between April and May held at various locations around the Metro area, to qualify for the State tournament on May 21, 2022

Contact Matt Darby at 303.288.5431 or activitiescoordinator@reunionmetro.org with questions! Coaches are needed for all age groups!

Click HERE to register for Session!

#### T-Ball

June 6th-August 3, 2022 Monday (practice) 5:30 pm OR 6:30 pm Wednesday (games - beginning June 30) 5:30 pm

Ages 3-5

Cost: \$50 District \$55 Non-District

Sign your little one up for Reunion's T-Ball League! The focus will be on the basics of the sport, but the emphasis will be on participation and FUN! Practices will be held on Monday nights, games will be held on Wednesdays at 5:30 PM. No "same team" requests will be granted. Coaches and their children will automatically be placed on the same team, as well as siblings in the same age division. Volunteer coaches are needed! Head Coach's child's registration is FREE, Assistant Coach's child's registration is half price. We say it all the time but we truly mean it... volunteer coaches are PRICELESS! The leagues really can't run without you!

Contact Matt Darby with questions at 303.288.5431 or at activitiescoordinator@reunionmetro.org.

Click **HERE** to register for Session!

#### Coach Pitch

June 6th-August 3, 2022 Monday (practice) 5:30 pm OR 6:30 pm Wednesday (games - beginning June 30) 6:30 pm

Ages 5-7

Cost: \$50 District \$55 Non-District

A spin off of the T-Ball League, this league will teach the fundamentals of the sport with emphasis on participation and FUN! Practices will be held on Monday nights; games held on Wednesdays nights. No "same team," requests will be granted. Coaches and their children will automatically be placed on the same team, as well as siblings in the same age division. Volunteer coaches are needed! Head Coach's child's registration is FREE, Assistant Coach's child's registration is half price. We say it all the time but we truly mean it...volunteer coaches are PRICELESS! The leagues really can't run without you! Contact Matt Darby with questions at 303.288.5431 or activitiescoordinator@reunionmetro.org.

Click **HERE** to register for Session!

## i9 Sports

#### Spring Flag Football

Location: Reunion Park Sundays 9:00 - 3:00 pm

April 3rd- May 22nd
Ages 5-12 years old
Registration includes Jersey!
Sign up before January 28th and SAVE \$10
Registration Deadline- February 4th
7-week season with practices and games on Saturdays.
Practice 45 minutes in length immediately followed by games.
No tryouts

Volunteer coaches background checked and certified, Play with your friends or for your favorite coach!

Click **HERE** to register for Session!

## Summer Flag Football

Location: Reunion Park Saturday's 9:00 - 3:00 pm

June 18th- July 11th Ages 5-12 years old Before March 11th- \$149 Before April 8th - \$159 Full Program Fee- \$169

Registration includes Jersey!

6-week season with practices and games on Saturdays. Practice 45 minutes in length immediately followed by games.

No tryouts

Volunteer coaches background checked and certified, Play with your friends or for your favorite coach!

Click **HERE** to register for Session!

#### Summer Soccer

Location: Reunion Park Saturdays 9:00 - 3:00 pm

June 18th- July 11th Ages 5-12 years old Before March 11th- \$149 Before April 8th - \$159 Full Program Fee- \$169

Registration includes Jersey!

6-week season with practices and games on Saturdays. Practice 45 minutes in length immediately followed by games.

No tryouts

Volunteer coaches background checked and certified, Play with your friends or for your favorite coach!

Click **HERE** to register for Session!

#### Multi-Sport Morning Summer Camp

Location: Reunion Park

June 20 - June 23

July 11-July 14

July 25 - July 28

Monday - Thursday, 9:00 - 12:00 pm Ages 5-12 years old

Camp Shirt included in Registration!

Campers ages 5-12 will play multiple sports each day, including soccer, flag football, and other games
Parents can drop their children off and go!
Background checked and certified i9 Sports staff members run the camp.

Click <u>HERE</u> to register for Session!

## **Empire Athletics**

#### Intro to Tumbling

Location: Inside At Reunion Rec Center Day / Time:

Saturdays 10:30 - 11:30 am

\$60 per session - District \$60 per sesson - Non Distcict

Intro to Tumbling: Intro to Tumbling is dedicated to mastering the basics of tumbling. Skills include Forward Roll, Backward Roll, Handstand, Cartwheel, and Backbend.

Click <u>HERE</u> to register for Session!

#### Back Walkovers L.1

Location: Reunion Rec Center Day / Time:

Saturdays 11:30 - 12:30 pm

\$60 per session - District \$60 per sesson - Non Distcict

Back Walkovers L.1: Back Walkovers Level 1 is dedicated to mastering the basics of tumbling. Skills include Round-Off, Back Walkover, and Front Walkover.

Click **HERE** to register for Session!

## YMCA Day Camp

Monday-Friday June 6th -August 5th, 2022 9 am-4 pm (6:30-9:00 am drop off time, 4:00 - 5:00 pm pick up time) Ages 5-12 \$200 YMCA Members per week \$250 Non-YMCA Members per week The YMCA Summer Day Camp offers children a variety of imaginative activities that nurture their spirits, challenge their minds, and strengthen their bodies. Children will participate in age-appropriate activities including enrichment activities, physical fitness, and field trips. Each week will have a different theme that is fun and engaging for all children and will provide a basis for activities that help children learn about themselves and the world around them. If you have any questions, please contact the YMCA at 720-524-2792.

#### Reunion TKD

Location: Reunion Rec Center Aerobics Room
Day / Time:
Wednesdays 7:00-8:00 PM and 8:00-9:00PM
Thursdays 7:00-8:00PM and 8:00-9:00PM
Cost: \$80.00/Mo for District
\$100.00/Mo for Non-District
Max: 10 People per class

Community is so much more than a neighborhood. Community also means friends. Family. It is whoever you choose to surround yourself with. Reunion TKD aims to strengthen it's members body, mind, spirit, and communities through Tae Kwon do. Instructor Alex has trained in Martials Arts for a combined 20 years. 6 years in TKD with Master J.C. Choi, and 2 at Sun Do Sul with Grandmaster Choi. He has also taught MMA style self defense class out of The Rock TKD (Master Carr) and is currently a self-defense seminar Instructor with SamaCorps Tactical.

www.reuniontkd.com Reuniontkd@gmail.com

# **Skyhawks Summer Camps**

Location: Reunion Park or Reunion Basketball Court

Stem Basketball Camp - June 6 - June 9 Cheerleading Camp - June 13 - June 17 Volleyball Camp - June 20 - June 23 Flag Football Camp - June 27 - July 1 Mini-Hawk Camp - July 5 - July 8 Soccer Camp - July 18 - July 22 STEM Volleyball Camp - July 25 - July 28 Basketball Camp - Aug 1 - Aug 4

Monday - Thursday times vary with each camp

Ages 4-14 years old

Camp Shirt included in Registration!

Skyhawks provides a non-competitive environment to teach sports to kids ages 4-14. Our goal is to give each child a positive introduction into sports and ensure they walk away with a smile on their faces wanting to learn more

Click **HERE** to register for Session!

#### **SoccerTots**

Location: Reunion Park

Date / Time:
June 27 till July 1, 2022
9:15 - 9:45 am ages 2 to 2.5 years old
10:00 - 10:45 am ages 2.5 to 3.5 years old
11:00 - 11:45 am 3.5 to 4.5 yeas old

Camp Shirt included in Registration!

SuperTots engages kids, ages 2 to 5, in physical activity in a non-competitive environment that is safe and fun above all else.

Click **HERE** to register for Session!

# Preschool Aged Programs

# Serendipity Preschool Discoverers

Wednesday and Fridays 8:40-11:10 am

August 25 -May 18, 2022 (65 total school days)

Ages 3-4 (Must be 3 by October 1st)

Min 10 Max 12

\$1,552.00 District \$1,557.00 Non-District per school year

\$172.50 per month District \$173.00 per month Non-District

NO SCHOOL:
November 22-26,2021
December 20, 2021 - January 2, 2022
March 21-25, 2022

Ages 3-4 (Must be 3 by October 1st, 2021) Min 10 Max 12

# CHILDREN SHOULD BE POTTY TRAINED TO ATTEND THIS CLASS!

Register online to make monthly payments -

Payments will be automatically withdrawn the first of every month beginning Oct. 1 - the first payment is due at the time of registration.

Register at the Rec Center to pay in-full.

Serendipity Preschool strives to create an environment that stimulates all developmental areas of learning, where your child can grow and develop at his or her own unique pace. We will provide a wide variety of learning experiences that will promote independence, decision-making, and awareness of the world and its possibilities.

This will be accomplished by using monthly themes that will incorporate structured group activities, constructive play, art, music, stories, exploration, and discovery.

We are committed to assisting your preschooler to develop cognitively, physically, socially, and emotionally, so that his or her learning experience is effective, fun, and a positive first experience in formal education.

Click <u>HERE</u> to register!

# Serendipity Preschool Explorers

Tuesday, Thursday 8:40-11:40 am Wednesday 12:00 - 3:00 pm

August 24 -May 18, 2022 Ages 4-5 (Must be 4 by October 1st) Min 10 Max 15

\$2,340 District \$2,345 Non-District per school year \$260.00 per month District \$260.55 per month Non-District

NO SCHOOL:
November 22-26,2021
December 20, 2021 - January 2, 2021
March 21-25, 2022

Ages 4-5 (Must be 4 October 1st, 2021) Min 12 Max 15

Register online to make monthly payments Payments will be automatically withdrawn the first of every
month beginning Oct. 1 - the first payment is due at the time
of registration.

Register at the Rec Center to pay in-full.

Serendipity Preschool strives to create an environment that stimulates all developmental areas of learning, where your child can grow and develop at his or her own unique pace. We will provide a wide variety of learning experiences that will promote independence, decision-making, and

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Click **HERE** to register!

# **Community Events**

## Red, White & Blue Fest

Saturday, June 25, 2022 TBD

#### Food Truck Thursdays

Thursday June 16, 2022 Thursday June 30, 2022 Thursday July 14, 2022 Thursday July 28, 2022 Thursday August 11, 2022 Thursday August 25, 2022

## Hot Dog Days of Summer

Wednesday June 8,2022 Wednesday July 13, 2022 Wednesday August 10, 2022

#### Summer Movie Nights

Saturday June 11, 2022 Saturday July 30, 2022 TBD

#### Car Show

Saturday September 10, 2022 10:00 - 2:00 pm

#### Trunk or Treat

Sunday October 22, 2022 TBD

#### Holiday Happenings

Saturday, December 3, 2022 9-11am

Visit www.reunionco.com for more information on events!